



# Traction and Decompression Therapy





# Introduction

Chattanooga is the world's largest manufacturer of rehabilitation equipment for treating musculoskeletal, neurological and soft tissue disorders. For over six decades, Chattanooga has set a benchmark for leadership, reliability and excellence. Our products contribute to better treatment outcomes in hospitals, clinics and home settings worldwide. We lead the physiotherapy industry by example and, through continuous innovation, provide real world solutions for clinicians and their patients.

As the world's leading brand in rehabilitation, Chattanooga is sold in over 80 countries worldwide. Chattanooga is directly represented in our key markets but also has long lasting relationships with dedicated distributors in the USA, Canada, Latin America, EMEA and Asia Pacific. Our Chattanooga distributors and customers are supported for order placement, training, product delivery and after sales service by a dedicated team of highly skilled DJO employees based all over the world.

Chattanooga is a brand of DJO Global Inc. DJO Global provides solutions for musculoskeletal health, vascular health and pain management. Our products help prevent injuries or rehabilitate after surgery, injury or from degenerative disease, enabling patients to regain or maintain their natural motion.

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# Traction

Manual and mechanical traction has been utilized for years as a safe solution in the treatment of spinal conditions involving nerve root compression, acute muscular spasm and osteoarthritic discogenic conditions. However, all mechanical traction devices are not the same. Chattanooga Triton Traction system sets the standard.

With the Triton Progressive Therapeutic Rehabilitation System, Chattanooga has introduced a new generation of innovative traction devices that mimic the intricate nuances of the manual therapist's hands, thereby expanding the features of modern day traction.

As a supplier of rehabilitation equipment, we see ourselves as a committed partner to the rehabilitation practitioner.

# Spine Solutions with Triton DTS®



# Mechanical/Physiological Effects of Traction Therapy

#### Decompression

- Relieve pressure on nerves
- Unload spine
- Decrease disc bulging
- Separate vertebrae

#### Mobilisation

- Stretch the ligaments and tendons
- Stress the capsule, facet joints and intravertebral discs
- Migration of nucleus pulposus

#### Anti-inflammatory response

- Decrease muscle tone
- Decrease inflammation

#### **Circulation Improvement**

- Blood flow to tissues
- Venous flow away from tissues

# **Clinical Indications for Traction Therapy**

- Back pain resulting from herniated, bulging, or protruding discs
- Discogenic pain
- Joint pain
- Spondylosis
- Facet joint disorders
- Root impingement
- Hypomobility
- Compression fractures
- Muscle spasms
- Cervical radiculopathy



# **Clinical Benefits of Traction Therapy**

- Decreased pain
- Decreased muscle tone
- Increased range of motion
- Increased flexibility
- Reduced edema
- Reduced disc herniation
- Relieve nerve root compression

## **Ordering Information**

Part Number	Description
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Part	Number	De

Triton DTS	
4767	Triton DTS Package includes:
- 4798	Triton DTS Traction Unit
- 4769	Triton DTS Traction Table
- 48084	Patient Interrupt Switch
- 27465	Patient Data Card (1x)
- 2825	QuikWrap <sup>™</sup> DTS Belting System
- 7040	Saunders Cervical Traction Device (with clevis)
- 42901	Knee Bolster Set
- 9296	Stabilizer Pressure Biofeedback
- 48144	User Manual on CD
- 866300002	Black Naugahyde Wedge
4766	EMG module includes:
- 48084	Patient Interrupt/EMG Indicator Switch
- 27321	EMG Leadwire
- 42192	DuraStick <sup>®</sup> Plus 5 cm Round Electrodes (4x)
- 42205	DuraStick <sup>®</sup> Premium 3 cm Round Electrodes (4x)

Color Options Black Imperial Blue (001) Burgundy Dove (004) (007) Midnight Stone Blue Gray (033) (061)

NOTICE: Color charts are produced within the limitations of lithographic color printing and are intended as a general guide only.

# Triton DTS<sup>®</sup> Package



## Features

The Chattanooga Triton DTS package offers a complete system with a uniquely engineered spine table, a sophisticated traction unit, and simple harnessing with Quik-Wrap<sup>™</sup>. The system is further accessorized with a cervical traction attachment, knee bolsters, and pressure biofeedback device.

- 5 unique DTS Pull Patterns deliver pulls designed to closely replicate the manual therapy experience
- Pretension step eases guarding and provides greater comfort for the acute patient
- Independent timer control for pretension, progression, traction, and regression
- Automatic speed variation during the Progressive phase
- Gradient pulls, oscillations, and Progressive Range of Motion
- Variable speed motor (30%, 50%, 100%) increases treatment flexibility
- Clinical Protocols<sup>™</sup> for cervical and lumbar along with 80 User-Defined Protocol slots

- Static, intermittent, and cycling traction options
- Full color graphic library includes anatomical images, common pathologies, and detailed belting techniques on high resolution touchscreen
- Multi-lingual software on board
- Save patient treatment sessions on Patient Data Cards, which record patient pain mapping, pain scales, and pain types all from the unit to the card
- Surface EMG activation initiates the session when patient relaxes to the EMG target

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# Chattanooga<sup>®</sup>



# Features

- Provides maximum patient comfort in prone and supine positions for both manual therapy and traction therapy
- Pelvic Tilt section provides flexion of lumbar spine to improve positioning in traction
- Pelvic Tilt helps address pelvic asymmetry commonly seen in low back pain patients
- Independently controlled arm and chest sections assist in maintaining a neutral spine
- Repositional head piece elevates to 35°, allowing easy access to the thoracic and cervical spine
- Repositional head piece cradles the patient's head comfortably in prone and supine
- Tuck-away, grab bars for prone hanging traction without a thoracic restraint
- Gas spring assist on friction-free moveable sections for easy positioning
- Adjustable height table from 52 104 cm
- Removable axilla posts provide additional fixation to the table, preventing slippage during supine traction

Technical Specifications	
Triton Traction Unit	
Mains Power:	100 - 240 V, 50/60 Hz
Power Consumption:	75 W
Current Consumption:	3.2 Amps Max
Weight:	14 kg
Dimensions*:	45 x 24 x 45 cm
Electrical Safety Class:	Class 1, Type B
Safety Tests:	IEC/UL/EN 60601-1, IEC/EN 60601-1-2, CAN C22.2 No. 601.1- M90 w/A2 - Meets MDD 93/42/ EEC, CE 0413

Triton DTS Traction Table	
Mains Power:	230 V, 50 Hz; 120 V, 60 Hz
Current:	230 V - 1.8 A; 120 V - 3.3 A
Power Input:	230 V - 230 W; 120 V - 200 W
Weight:	143 kg
Dimensions*:	203.2 X 71 X 51 to 102 cm
Electrical Safety Class:	Class 1, Type B
Safety Tests:	IEC/UL/EN 60601-1, CAN/CSA C22.2 No. 601.1-M90 w/A2
EMG Module	
Electrical Safety Class:	Class 1, Type BF

\* Dimensions are listed as L x W x H

Description

Triton Traction Unit

Patient Interrupt Switch

**Ordering Information** 

Part Number

4749

48083

Triton Traction Unit

Standard Accessories

# Triton Traction Unit





## Features

- Static, intermittent, and cycling traction
- Independent timers allow easy customization of traction pulls in progressive, regressive, and traction phases
- Variable speed motor (30%, 50% and 100%)
- Pretension step eases the patient into traction to prevent muscle guarding and pretest patient's tolerance to traction force
- Clinical Protocols<sup>™</sup> provided for both cervical and lumbar conditions
- Full color graphic library complete with visual tutorial of belting techniques, anatomical images and common pathologies
- $\bullet$  Digital high resolution color touch screen that pivots 270°
- 80 User defined protocol slots
- Easily store treatment parameters, pain scales, and pain maps on Patient Data Cards
- Upgrade with the optional EMG module

 27465
 Patient Data Cards (1x)

 48144
 User Manual on CD

 48144

 Optional Accessories

 A766

 EMG module includes:

 4766
 Patient Interrupt/EMG Indicator Switch

 - 27321
 EMG Leadwire

 - 42192
 DuraStick\* Plus 5 cm Round Electrodes (4x)

 - 42205
 DuraStick\* Premium 3 cm Round

Electrodes (4x)

Technical Specifications	
Triton Traction Unit	
Mains Power:	100 - 240 V, 50/60 Hz
Power Consumption:	75 W
Current Consumption:	3.2 Amps Max
Weight:	14 kg
Dimensions*:	45 X 24 X 45 CM
Electrical Safety Class:	Class 1, Type B
Safety Tests:	IEC/UL/EN 60601-1, IEC/EN 60601-1-2, CAN C22.2 No. 601.1- M90 w/A2 - Meets MDD 93/42/ EEC, CE 0413

#### EMG Module

Electrical Safety Class: Class 1, Type BF

\* Dimensions are listed as L x W x H

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# Tru Trac Traction Unit and Traction Tables



# Features

#### **Tru-Trac Traction Unit**

- Static, intermittent, and cycling Traction
- User-defined hold, rest and treatment times
- 10 User-defined protocol slots to store customized settings
- Digital monochromatic touch screen interface that pivots 270°
- Easily store treatment parameters, pain scales, and pain maps on Patient Data Cards

## TTET-200

The TTET-200 is a two-section, 71 cm wide table with an adjustable height from 48 cm - 96 cm and a working load of 181 kg. Optional retractable casters are available. Traction unit and traction stool sold separately. Available in all upholstery colors shown in chart.

## TTFT-200

The TTFT-200 is a two-section, 71 cm wide table with a fixed height 81 cm from top to floor and a working load of up to 159 kg. Traction unit and traction stool sold separately. Available in all upholstery colors shown in chart.



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Part Number	Description
Tru-Trac Traction	n Device
4779	Tru-Trac Traction Unit
Standard Accesso	pries
48082	Patient Interrupt Switch
27465	Patient Data Cards (1x)
48079	User Manual on CD
Economy Hi-Lo T	Traction Table
6870	TTET-200
Optional Accesso	ries
66898	Foot Switch
86016	Retractable Casters
Economy Fixed H	leight Traction Table
6840	TTFT-200
Technical Speci	ifications
Tru-Trac Tractior	
Mains Power:	100 - 240 V, 50/60 Hz
Power Consump	tion: 75 W
Current Consum	ption: 3.2 Amps Max

Ordering Information

Consumption:	75 W
t Consumption:	3.2 Amps Max
t:	14 kg (30 lbs)
isions*:	45 x 24 x 45 cm
cal Safety Class:	Class 1, Type B
Tests:	IEC/UL/EN 60601-1, IEC/EN 60601-1-2, CAN C22.2 NO. 601.1- M90 w/A2 - Meets MDD 93/42/ EEC, CE 0413

#### Economy Hi-Lo Traction Table

Weight

Dimen

Electric

Safety

Mains Power:	230 V, 50/60 Hz; 120 V, 60 Hz	
Current:	230 V - 1.0 A; 120 V - 1.6 A	
Power Input:	230 V - 230 W; 120 V - 200 W	
Weight:	64 kg (140 lb)	
Dimensions*:	196 x 71 x 48 to 96 cm	
Electrical Safety Class:	Class 1, Type B	
* Dimensions are listed as L x W x H		
For Color Options, please see page 5		

# 9 Traction and Decompression Therapy

# Ordering Information

ordering mormation	
Part Number	Description
Saunders Cervical	Traction
199594	Saunders Cervical Traction
Standard Accesso	ries
700723	Headstrap and Pads
199614	Cervical Hand Pump

700724	Angle Adjuster
96458	Shoulder Bag
360365	User's Guide

## Saunders Lumbar HomeTrac

199603	Saunders Lumbar HomeTrac	
Standard Accessories		
199633	Lumbar Hand Pump	
14-9964	Carrying Case and Harnesses	
360369	User's Guide	
70066-001	Upper harness	
700667-001	Lower Harness	

# Saunders<sup>®</sup> Home Traction Devices





# Features

#### Safe

- A proven alternative to surgery for some patients
- Traction forces are directed to the back of the head to prevent compression of the TMJ
- Easy to read pressure gauge provides total control of the force at all times
- Blow-off valve limits the amount of force that can be applied
- The Lumbar HomeTrac's friction free surface ensures smooth motion

## Effective

- A cost effective option to continuous clinical care
- Saunders Cervical Home Traction's innovative design replicates clinical traction and promotes consistency of treatment
- The Cervical Home Traction's positioning alternatives allow varying treatment options for the clinician

- Patented pneumatic system ensures reliable force accuracy and leak-free performance
- The Lumbar HomeTrac's split table design and actively moving treatment surface replicates clinical traction and promotes consistency of treatment

#### Easy to Use

- A portable treatment solution that increases patient compliance and satisfaction
- Patented self adjusting neck wedges ensure a perfect fit on the Saunders Cervical Home Traction
- Patented pump design incorporates a simple "click in place" mechanism
- Quick and simple patient set-up enables home traction without assistance
- Lumbar Home Trac's non-slip belts comfortably secure the patient to the device



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# Traction Accessories







В





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#### Features

G

#### A Deluxe Universal Belt System

• Universal fit, for use with pelvic or lumbar traction applications up to 91 kg

#### **B** Mobile Traction Stand

- Provides a mount for Chattanooga traction devices to be secured to almost any table. Fully adjustable, secure strapping to table
- Traction unit sold separately

# C Overdoor Traction Kit

• Over-the-door cervical traction kit, for patient administered flexion or extension cervical traction

#### D Naugahyde<sup>®</sup> Knee Wedge

 Provides optimum body position for multiple treatment applications. Covered with durable Naugahyde<sup>®</sup> upholstery

#### E Naugahyde<sup>®</sup> Bolster

- Improve weight-bearing dynamic gross motor movements, coordination, righting reactions, balance, strength and muscle tone
- Covered with durable Naugahyde<sup>®</sup> upholstery

## F Naugahyde<sup>®</sup> Wedge (1 per pack)

- Flat surfaced positioning shapes used to build head control, sitting balance, trunk control and upper extremity function
- Covered with durable Naugahyde® upholstery

#### **G** Facial Pillow

• Supports the head and neck of the patient for more comfortable traction sessions

# H Pneumatic Stools

- High-quality, therapy stools with a thick foam upholstered swivel seat
- Convenient gas spring which makes raising and lowering of the stool simple
- Stools support 158 kg (350 lbs) and are available with or without a back

#### I TXS-1 Flexion Stool

 Adjustable height enabling placement of the patient's lumbar spine into a neutral or flexed position for increased comfort. Upholstery can be color coordinated to match traction table

#### J Pron Pillo<sup>®</sup>

 Elevates the head and shoulders for added comfort. The raised base allows patients in prone position to breathe more easily

#### K Stabilizer Pressure Biofeedback

- Registers changing pressure to detect body movement during exercise
- Consists of combined gauge and inflation bulb connected to pressure cell
- Specifically used for exercises focusing on protection and stabilization of joints, important for prevention and treatment of low back and neck pain

Ordering Information		
Part Number	Description	
<b>A</b> 1410	Deluxe Universal Belt System	
<b>B</b> 3600	Mobile Traction Stand	
<b>C</b> 4390	Overdoor Traction Kit	
<b>D</b> 42901	Bolster Set DTS	
<b>E</b> 867300002	Naugahyde Bolster 15 cm x 61 cm	
<b>F</b> 866300002	Naugahyde Wedge 10 cm x 51 cm x 56 cm	
<b>G</b> 4291	Facial Pillow	

# H Pneumatic Stools

77060	Imperial Blue without Back
77061	Burgundy without Back
77062	Dove Gray without Back
77063	Black without Back
77064	Imperial Blue with Back
77065	Burgundy with Back
77066	Dove Gray with Back
77067	Black with Back

I TXS-1 Flexion Stools		
7050001	Imperial Blue	
7050002	Black	
7050004	Burgundy	
7050007	Dove	
7050033	Midnight Gray	
7050061	Stone Blue	
J Pron Pillo		
4206	Pron Pillo	
K Stabilizer PBF		
9296	Stabilizer Pressure Biofeedback (PBF) Unit	
92965	Instruction Manual	

## 92961 PBF Stabilizer Pressure Cuff

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