

## Safety sheet



Do not stand behind the FieldPower.

Keep at least 2 meter distance from the FieldPower.

Read and follow all warnings and instructions on this label and in the user's manual and obtain proper instruction prior to use. Follow these precautions to avoid injury.

- Make sure the FieldPower is well fixated.
- Inspect the FieldPower and all accessories before use. If there are signs of wear, do not use the FieldPower and contact your supplier.
- Make sure the cords run freely and do not rub against any material or against the cord itself.
  Use the equipment only for its intended use as described in the user's manual. Only perform the exercises for which the equipment has been designed, following the instructions given in
- the manual. Do not use attachments or other products not recommended in this manual. • Consult with a qualified and licensed medical professional or healthcare practitioner before starting any exercise program.
- Close supervision by qualified personnel is necessary when the equipment is used at all time.
  By-standers must not stand behind the FieldPower and stay at least 2 meter aside from the FieldPower and training area during use. If connected to two users, both users must move simultaneously remaining equal distance to the FieldPower at all times.
- Do not use the equipment in presence of small children or pets.
- Make sure the force is never directed towards or near the head.
- Make sure the cords are not locked on the cleats when moving away more than 2 meter from the FieldPower.
- Do not exceed the maximal moving distance. Check the user's manual for the maximal distances with different settings.